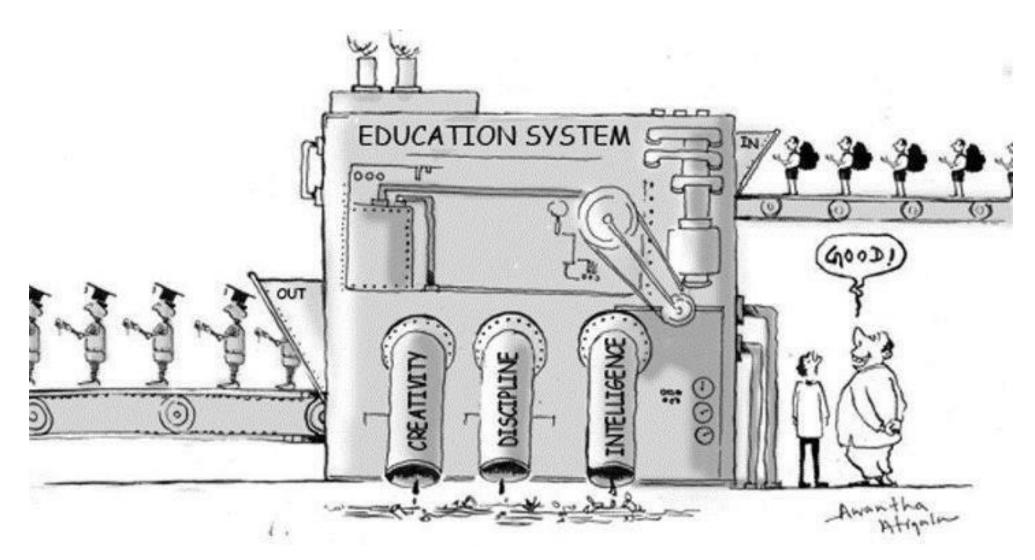
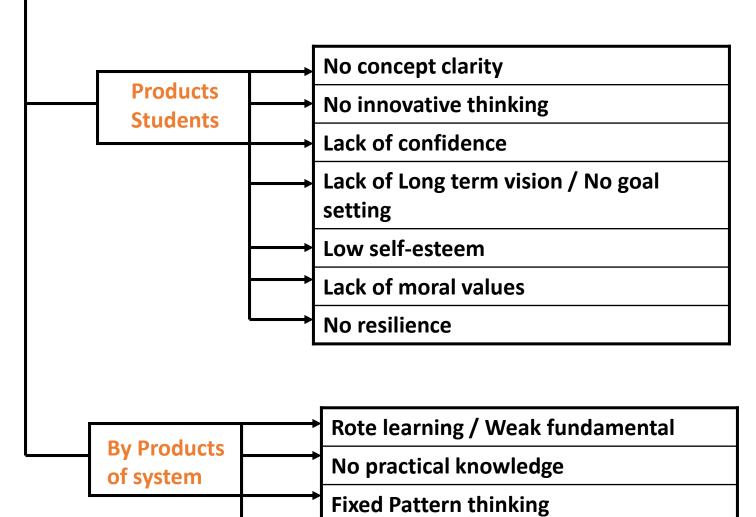
School is a factory





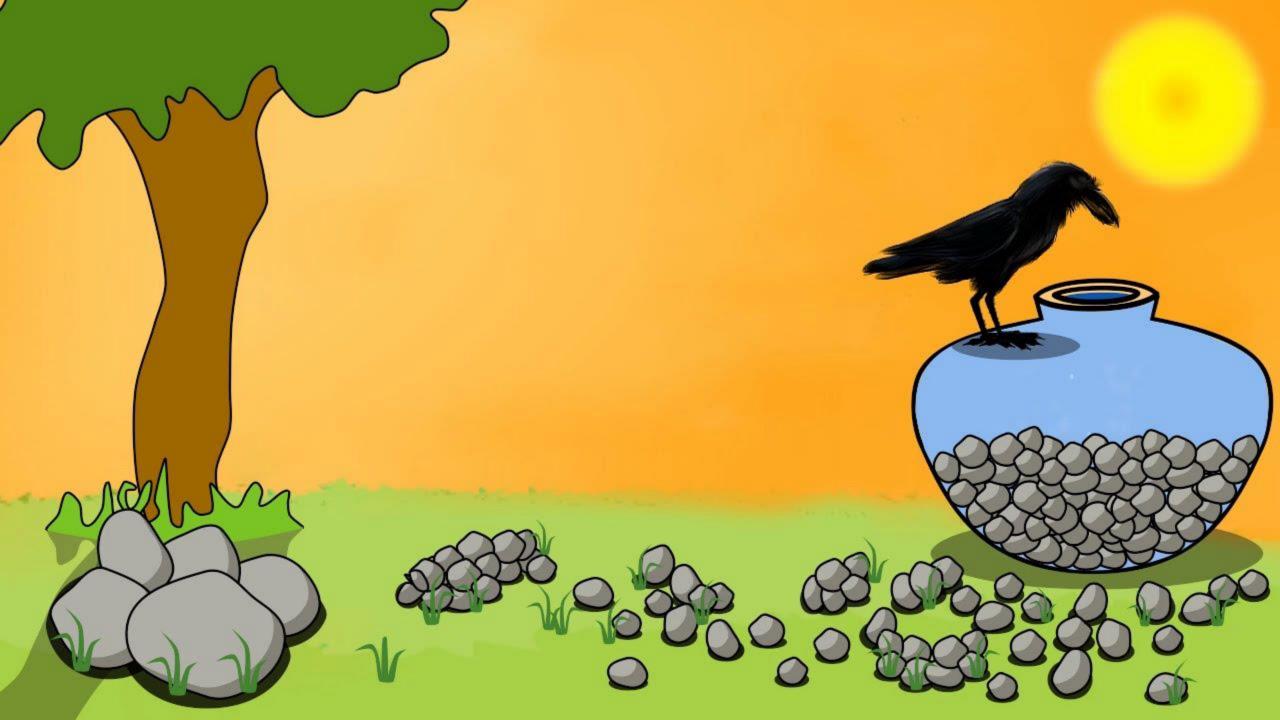
— Today's Education system





Followers

Cut- throat competition





Solution...

- Literacy Skills
- Language Skills
- Functional Skills
- Livelihood Skills
- Vocational Skills
- Cultural Skills

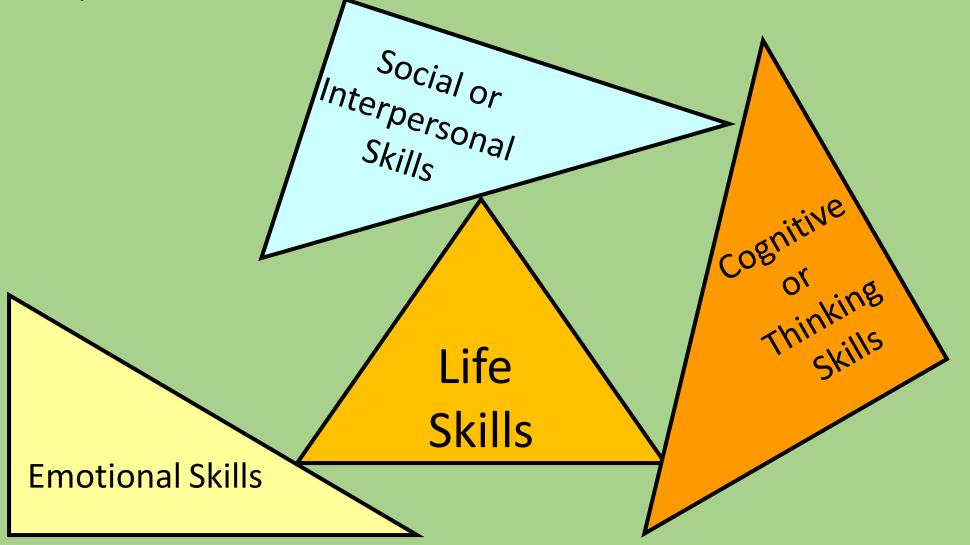
• Life Skills



• WHO defines Life Skills as "the abilities for adaptive and positive behaviour that enable the individuals to deal effectively with the demands and challenges of everyday life".



Life skills fall into three basic categories which compliment, supplement and reinforce each other:



These three basic categories further include the following skills



Social or Interpersonal Skills

- Communication skills
- Assertiveness skills
- Cooperation skills
- Empathy

Life skills

Cognitive or Thinking Skills

> Emotional Skills

- Problem solving skills
- Critical thinking skills
- Creative thinking skills
- Decision making
- Self awareness

Managing stress

- Managing emotions
- Resisting peer pressure

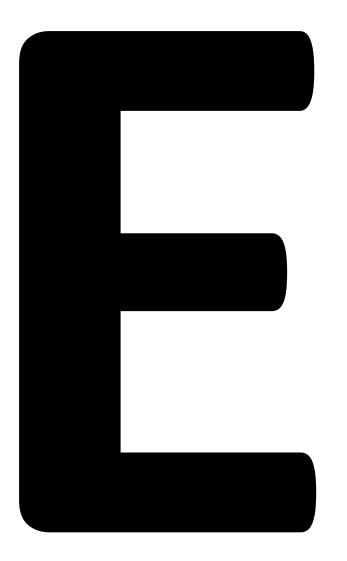
Who needs Life Skills?

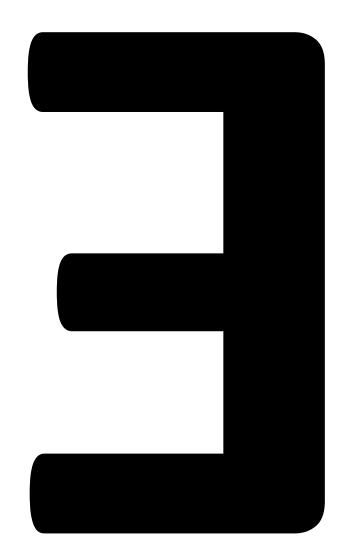


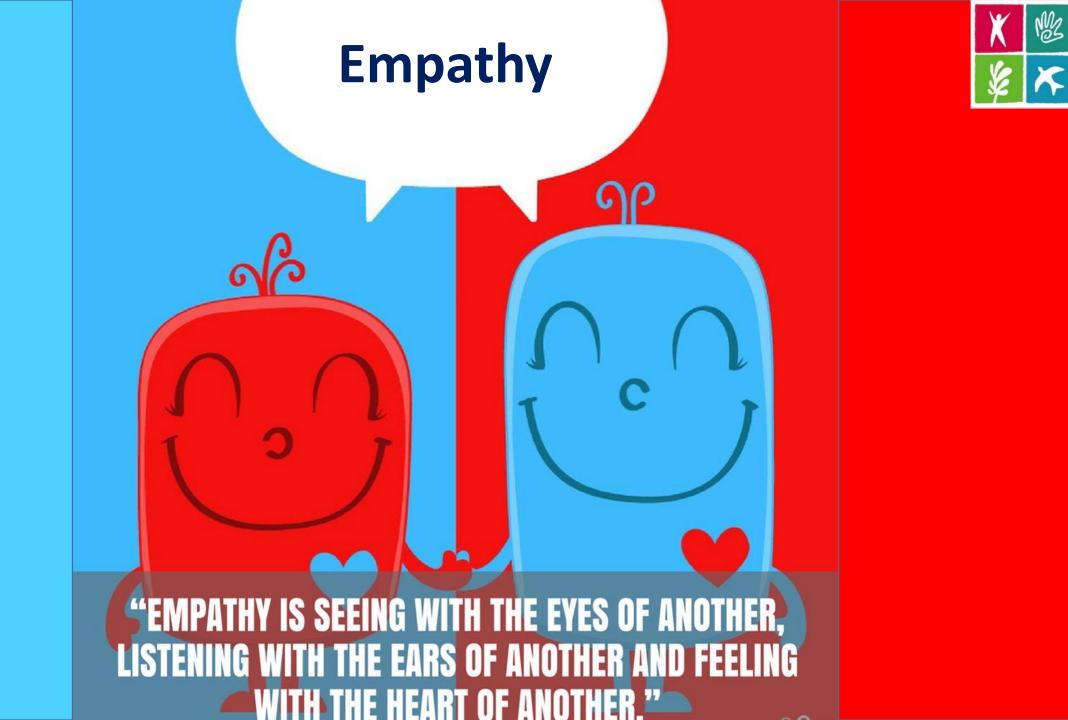
Anyone who wants to lead a meaningful life, needs Life Skills

Self- awareness

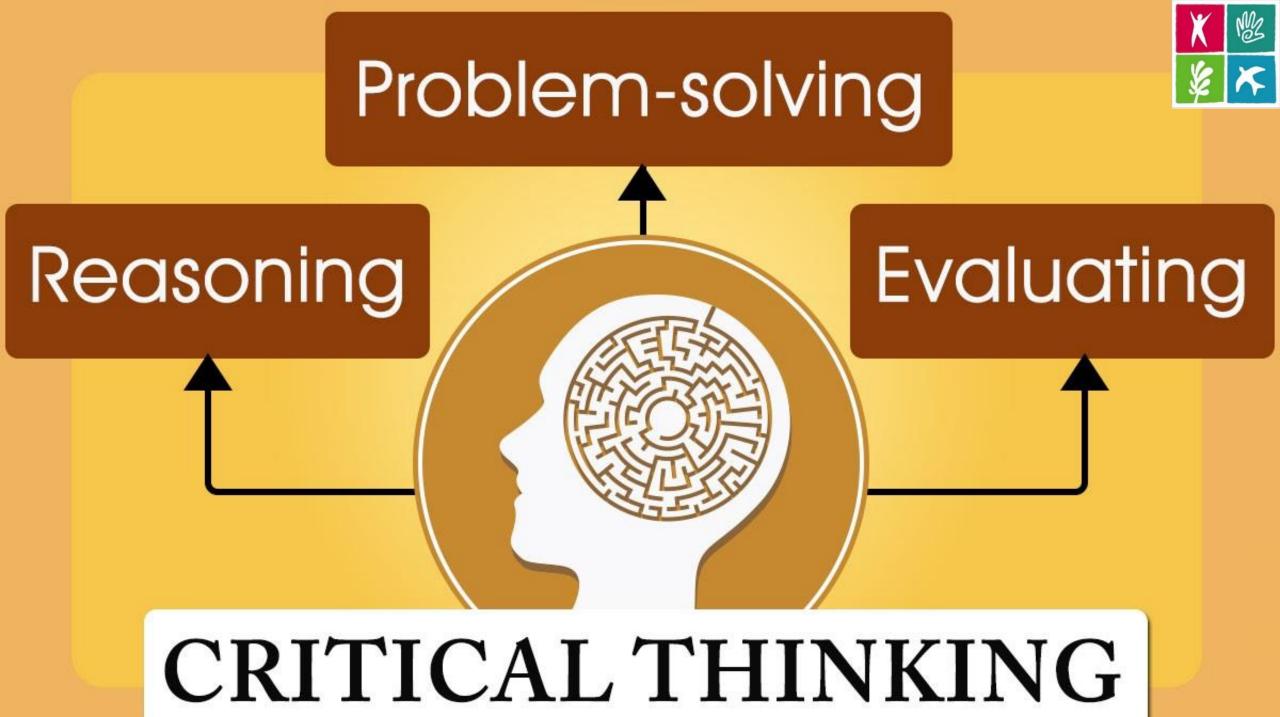






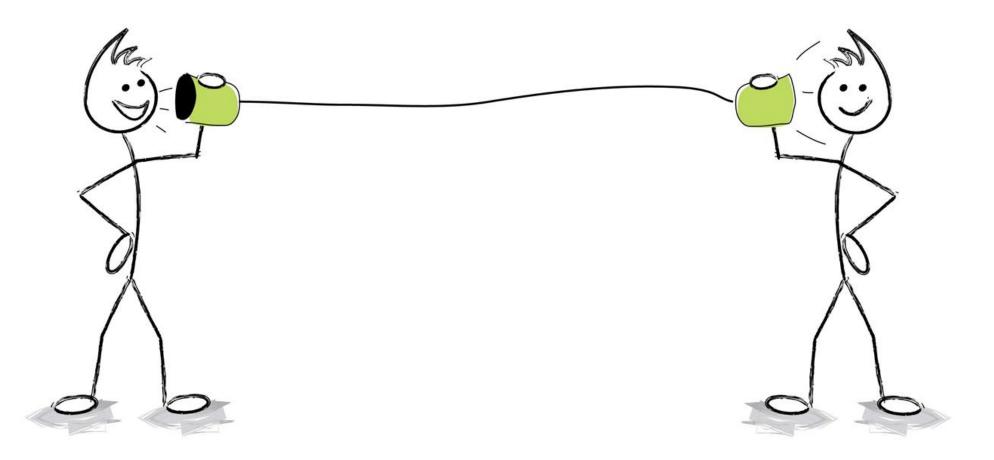








Communication skill





Interpersonalskill



Decision making





Managing emotions







000

Stress Management

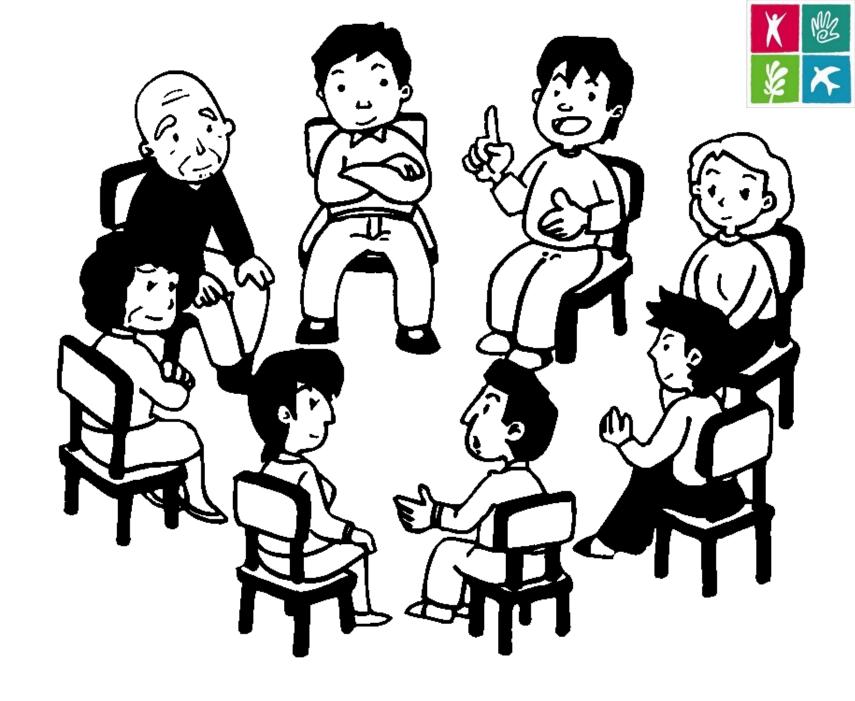
DECEMBER

31



Life skills education teaching methodology

Discussion









Role plays

Story telling

....

W

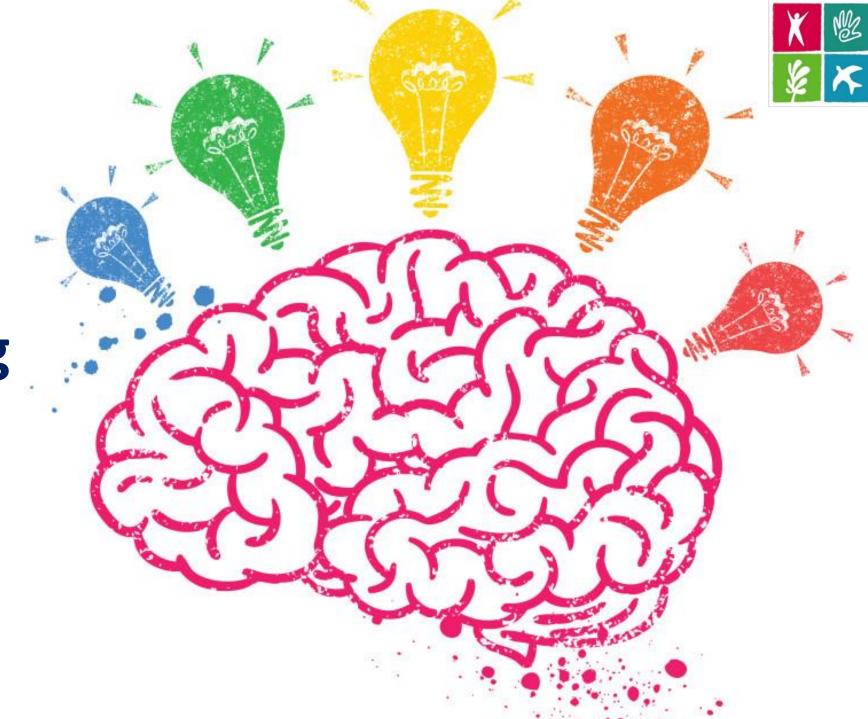


Songs and Dances





Brainstorming





Case Study

Miming





Poetry and Recitals











Life skills will enable our students to

8

